

Breastfeeding Your Baby

Breastfeeding has been shown to provide many benefits for you and your baby. We recognize that it may not be your feeding preference and are supportive of the choices that you make regarding caring for your newborn.

Breastfeeding is more than an instinct, it is a learned art. It is our goal to be sure that you are aware of support available within William Beaumont Hospital and to let you know that our nursing staff are available for any questions and concerns.

A number of **prenatal classes** including Preparing For Breastfeeding and Childbirth Education are available at Beaumont. Please refer to Beaumont's website: www.beaumont.edu and click on the tab, "Classes" for a complete list and schedules.

Additional information is available at www.womenshealth.gov/breastfeeding. This website has a lot of information regarding all aspects of breastfeeding.

Many breastfeeding moms find the use of a **Breast pump** helpful. You will need to contact your insurance company to verify which specific breast pump models are covered and if they will supply a pump while you are still pregnant: Diagnosis Code Z33.1. Post partum and lactating: Diagnosis Code Z39.1. We will be happy to supply you with a prescription for a dual breast pump and will fax it to a medical supply company of your choosing.

To expedite the process, included in this packet is a **Breast pump Prescription Form**. If desired, please complete it and turn it in at one of your OB appointments. We will fax it directly to the medical supply company during your pregnancy if your insurance allows, or once you deliver.

William Beaumont Hospital has a staff of **Lactation Consultants** to assist and address any concerns you might encounter with all aspects of breastfeeding. An appointment can be arranged both while you are hospitalized and after discharge. They are also available to answer any questions by phone.

Lactation Consultants:

Beaumont, Royal Oak.....248-898-0599
Beaumont, Troy.....248-964-6455
Beaumont, Grosse Pointe.....313-473-1777

Alternative Resources:

Nurture Nook: St John/Providence Hospital MD Breastfeeding Clinic
Providence Hospital, Southfield....248-465-3887

Private Lactation Consultants who make home visits. Call the office for resources.

Breast Pump Prescription

Rx: Dual Breast Pump for Home Use

Duration of Use: Lifetime/99 Months

Sig: #1 No Refills

Dx: Z39.1 Lactation

**Dx: Z33.1 Pregnant
E.D.C. _____**

Other Dx: _____

Patient Information:

Gender: Female

Name: _____

Date of Birth: _____

Address: _____

Patient Contact Number: _____

Medical Supply Company:

Name: _____

Fax Number: _____

Prescriber Signature: _____

Prescriber Name: _____

NPI: _____

Date: _____